

St Tikhon's Monastery Guesthouse

Information and Rules



WELCOME!

*It is a blessing for us to host you during your visit at St. Tikhon's Monastery!
To make your visit here as peaceful and grace-filled as possible,
we offer the following guidelines:*

- ✚ **SERVICES:** Please attend Hours and Divine Liturgy each morning in the Monastery Church, as well as Vespers and Matins each evening. The current week's service schedule is available in the guesthouse.
- ✚ **FORMAL MEALS:** Please join the monastic brotherhood for lunch (at 12:30) and dinner (immediately following the evening service). If you are going to miss a meal for any reason, please let the guestmaster know ahead of time, so he can inform the cook.
- ✚ **BREAKFAST:** Guests are welcome in the monastery trapeza following Divine Liturgy each morning for an informal breakfast. *During breakfast, please refrain from conversation—but if you need help finding anything, feel free to quietly ask one of the monks.* When you have finished eating, please rinse your dishes, leave them by the sink in the kitchen, and quietly depart.
- ✚ **MODESTY:** Guests are asked to be modest and respectful in dress and in speech, not to smoke anywhere on monastery grounds, and to supervise their children.
- ✚ **CONVERSATION:** Please respect the privacy of the monks and other guests. As a rule, monks do not engage in lengthy conversation with guests, especially about personal matters or civil or church politics. If you would like to speak with one of the priest-monks about the Faith, the spiritual life, etc., please ask the guestmaster to set up an appointment.
- ✚ **BOOKSTORE & WI-FI:** The Monastery Bookstore and Coffee Shop is open each weekday at 9:30 AM (10 on Saturdays). This is the only place on monastery grounds where Wi-Fi is available. During their stay, guests are encouraged to enter into the silence of the monastery by keeping their use of computers and smartphones to a minimum. *Smartphones may not be used at all in the Monastery Church or Trapeza.*
- ✚ **HOLY COMMUNION:** Any Eastern Orthodox Christian who has been to Confession recently, and who has prepared with prayer and with fasting from all food and drink from midnight on, is welcome to approach the Chalice for Holy Communion.
- ✚ **WORK:** During your stay at the monastery, you may be invited to share in the monks' work by assisting in one of our many projects and chores.
- ✚ **DEPARTURE:** Upon departing from the guesthouse, please help us identify used bedding and towels by leaving them unmade on the bed. ✚

THANK YOU!

May God bless your time at St. Tikhon's with His grace!